

SHIVAJI SHIKSHAN SANSTHA, MUMBAI**Science & Commerce College (Night)***(Affiliated to University of Mumbai)*

Dr. Ankush Shankar Gawade Marg, Pantnagar, Ghatkopar (E), Mumbai -400 075.

B.Com**B.Sc Computer Science**

Fax & Tel. No. :91-022-25011450 Tel No.: 25011379 E-mail :shivaji.shikshan.sanstha@gmail.com

Ref. No.:**Date:** _____

3.4.1 Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.

Response:

Shivaji Shikshan Sanstha's Science & Commerce (Night) through a series of diverse and impactful extension activities spanning from 2018-19 to 2022-23, has significantly contributed to positive societal change. These activities, grouped by theme, showcase the outcomes and lasting impact on the community.

Health and Wellness Campaigns:**Program on COVID Awareness and Quarantine Centre during COVID-19:**

In reaction to the worldwide epidemic, the college, with management oversight, organized a program on COVID awareness in the community and provided assistance to the government by providing space for a quarantine centre during COVID-19. This campaign was essential in spreading factual knowledge about the virus, protective strategies, and vaccination awareness. A community that is more aware of health-related concerns and alert about them is the result of this initiative.

Gender Sensitisation – Sanitary Knapkin distribution:

Together with volunteers from Somaiya College, Shivaji Shikshan Sanstha's Science & Commerce (Night) arranged a noteworthy event to encourage menstruation hygiene and gender awareness. The volunteers facilitated conversations with the goal of eradicating stigmas related to menstruation and raising awareness of gender equality. All of the female students in attendance received sanitary pads after the awareness workshops. The goal of this program was to meet students' practical needs and guarantee that they have access to necessary menstrual hygiene supplies. The occasion effectively enhanced the college's friendly and knowledgeable atmosphere while emphasizing the value of community cooperation in tackling significant gender and health-related concerns.

SHIVAJI SHIKSHAN SANSTHA, MUMBAI**Science & Commerce College (Night)***(Affiliated to University of Mumbai)*

Dr. Ankush Shankar Gawade Marg, Pantnagar, Ghatkopar (E), Mumbai -400 075.

B.Com**B.Sc Computer Science**

Fax & Tel. No. :91-022-25011450 Tel No.: 25011379 E-mail :shivaji.shikshan.sanstha@gmail.com

Ref. No.:**Date:** _____**Civic Engagement and Awareness Campaigns:****Voter Awareness Programme and "Empowering Youth" Online Session:**

The college's initiatives to encourage civic involvement, such as voter education seminars and voter awareness events, have raised the number of young people participating in the political process. Through this effort, a more politically conscious and engaged community has been fostered by equipping the younger generation with the information and drive to use their right to vote.

Road Safety Rally:

The Sunday Street activities and the road safety rally have directly influenced community behaviour, encouraging safer driving habits and boosting involvement in the community. Road accidents have significantly decreased, and community togetherness has increased as a result of these initiatives, making the environment safer for both vehicles and pedestrians.

Yoga Awareness for the school students:

Students at the Multipurpose School participated in a Yoga Awareness workshop held in honor of International Yoga Day at Shivaji Shikshan Sanstha's Science & Commerce College (Night). Classes on different yoga positions, breathing exercises, and relaxation techniques were taught by qualified instructors. The purpose of the event was to encourage students to adopt yoga into their daily life and to raise awareness of the benefits yoga has for both physical and mental health. This program encouraged students to lead healthier lifestyles and promoted overall well-being.

Conclusion:

To sum up, the Shivaji Shikshan Sanstha's Science & Commerce (Night) extension programs have had a revolutionary effect on society. Beyond the short-term benefits of improved blood donation rates, cleaner neighbourhoods, and enhanced public awareness, the long-term influence is in raising a generation of responsible and socially concerned individuals.